

Resources:

MATHEMATICS

TVO—Teach Ontario: Free
Online Math Tutors at Help

tvo.org/homeworkhelp

Mathify

tvo.org/mathify

LANGUAGE

grammarly.com

OTHER

www.parentengagementmatters.ca/resources



MOTHER TERESA
• CATHOLIC SCHOOL •

STUDY TIPS

Try these ideas:

- * SQ3R Study Method—Survey, Question, Read, Recite, Review
- * Create flash cards for terminology, diagrams, dates i.e. things you may need to memorize
- * Have all of your material in front of you: notes, textbook, other important material
- * Become a teacher. Say the information aloud in your own words as if you are the teacher.
- * Avoid last minute cramming. Space out your studying.
- * Make up your own test. See how you do!
- * Concentrate on studying ONE section at a time.
- * Use Memory Tips e.g. Mnemonics (little sayings to help you remember a concept).
- * Study in intervals i.e. 30 to 40 minutes and then take a 5 minute break.
- * Take care of yourself; eat well and have good sleep.

HAVE A GROWTH MINDSET
I CAN and I WILL!

Mother Teresa Catholic School Gr. 7/8 Tips for Learning

2019-2020



Gr. 7/8 Learning—What does it look like?

Beginning in Grade 7, our students begin taking some of their subjects through a rotary system. This year, History will be taught by Mr. Weir, Science by Mrs. Edwards and Geography by Mr. Doyle. Students gather with their Grade 7 or 8 peers three times per week to learn key concepts and skills.

Students and parents will notice that the Gr. 7/8 Math and Language curricula are much more extensive which calls on our students to adapt to the intensity and pace of instruction and learning. Especially for Grade 7 students, this transition may be overwhelming at the beginning of the year until students adapt and develop new study and time management skills. Our entire staff team are here to support this period of growth and change. We encourage students and parents to reach out to their teachers with questions and concerns by phone, note or email.

Homework—why and what does it look like?

Our goal is that students will spend 1—1/2 hours per evening from Monday to Thursday. On the weekend, students may have an additional 1 1/2 to 2 hours depending on project work, preparing for tests/assessment tasks, etc.

Homework is primarily assigned so that students can gain extra practice to consolidate their understanding of concepts taught. Typically, most assessment of work is done at school. From time to time there may be some additional work to do at home to complete projects or assignments. For some students, using class time more efficiently will reduce the assignment of extra tasks. Homework helps:

- * thinking and memory
- * develop positive study skills and habits
- * organizational skills
- * develop self-discipline and independence
- * review and practice
- * extend learning
- * inform parents about your learning
- * develop problem solving skills
- * in preparation for high school
- * develop research skills

Teachers are available during both activity/nutrition breaks should your son or daughter need to stay in to get help, ask questions, or just work to finish up incomplete work.

How can parents help?

- * Help your son/daughter to plan homework time around other extracurricular activities.
- * With your child, create the optimal work space for homework completion.
- * Review the agenda and/or D2L site to help your son/daughter plan their homework tasks.
- * If your child becomes overwhelmed or stressed, help them to prioritize knowing that once the 1—1 1/2 hours of time has been dedicated, encourage your child to speak to his/her teacher the next day to discuss next steps.
- * Don't do the work for them:) Helping to edit or asking good questions for them to go back and extend or add to their work, is the best way for them to learn. Mistakes are okay! They are one of the best ways that we all learn. Brain research tells us that our brains actually grow when we learn from our mistakes!

SELF-ADVOCACY

Students need to approach their teachers when they need help, clarification about assigned tasks and especially when they are overwhelmed or stressed. This will be an important skill for them to develop for their secondary years when they will have up to 8 different teachers per year.